

Massage Therapy

Program

Massage Therapy

Degree Type

Certificate

Massage therapists are employed at day spas, hotels, and resorts; at medical offices and facilities; and in private and group practices. The Massage Therapy certificate provides students with the skills necessary to apply for New Hampshire State Licensure, which requires successful completion of the Massage and Bodywork Licensing Examination (MBLEx). WMCC is certified by the National Board for Therapeutic Massage and Bodywork. The curriculum includes:

- Body systems, anatomy, physiology, and kinesiology
- Massage and bodywork assessment, theory, and application
- Pathology
- Business and ethics

The New Hampshire Department of Health and Human Services may restrict licensing of candidates who have been involved in civil or criminal legal action. Questions about licensing restrictions should be directed to the Office of Professional Licensure and Certification (OPLC).

Students are expected to purchase/provide the following:

- Necessary lotions
- Linens, towel, general personal cleaning supplies

These items are discussed at the mandatory orientation meetings held before the beginning of each semester.

Students who are accepted into the Massage Therapy program must:

1. Possess and maintain personal health insurance for hands-on classes and internships; provide proof of health insurance or acceptance into a sliding-scale fee for a primary care provider and hospital coverage; and provide a general health statement from personal providers indicating the student is able to participate in all program requirements.
2. Obtain and maintain Adult CPR and First Aid certifications prior to and during their massage internship. These certifications are required for initial state licensure. Cost of certification is separate from the program and is the responsibility of the student. When possible, WMCC will arrange for an instructor to come to campus during the first semester.
3. Have professional liability insurance for hands-on classes and internship (available through the College).
4. Maintain a minimum grade of C in all courses offered as part of this certificate. If a grade of C or higher is not maintained, students may repeat the course only once.
5. Provide an approved criminal background check through the College-approved vendor. This background check must be initiated no later than September 15 of the first semester.

Health Considerations

As per College policy, students during their learning experiences must not place in jeopardy clients, patients, or medical information. During office or clinical experiences, students must demonstrate sufficient emotional stability to withstand the stresses, uncertainties, and changing circumstances that accompany the responsibilities associated with interacting with clients, patients, or medical information. If unable to demonstrate such stability, they are removed from placement. Furthermore, students are expected to have the

emotional stability to exercise sound judgment and to accept directions and guidance from supervisors or faculty members. They must also be capable of establishing a rapport and maintaining sensitive interpersonal relationships with employers, clients/patients, and their families.

Fall Semester

Course Number	Title	Lecture	Lab	Credits
BIOL112W	Nutrition	3	0	3
BIOL114W	Human Anatomy and Physiology I	3	3	4
MASS101W	Swedish Massage I	2	3	3
MASS104W	Massage Business Practices	1	0	1
MASS106W	Eastern Thought and Bodywork	1	2	2
Sub-Total Credits		10	8	13

Spring Semester

Course Number	Title	Lecture	Lab	Credits
BIOL115W	Human Anatomy and Physiology II	3	3	4
MASS108W	Spa Techniques	1	2	2
MASS110W	Swedish Massage II	2	3	3
MASS122W	Musculo-Skeletal Studies	3	2	4
MASS230W	Clinical Internship I	1	3	2
Sub-Total Credits		10	13	15

Summer Semester

Course Number	Title	Lecture	Lab	Credits
MASS125W	Pathology for the Massage Therapist	3	0	3
MASS135W	Deep Tissue Massage	2	2	3
MASS201W	Kinesiology	3	0	3
MASS212W	Special Populations Massage	0	2	1
MASS240W	Clinical Internship II	1	3	2
Sub-Total Credits		9	7	12
Total Credits				40