

# Counseling

WMCC provides academic and personal-counseling services to all its students. These counseling services, though not a substitute for long-term therapy, assist students in successfully meeting academic goals. Students are encouraged to speak with college staff to identify and eliminate barriers to success. All counseling is confidential. Students may refer themselves for counseling services. The College also makes referrals to appropriate local health and social-service agencies. The College practices early intervention for students experiencing academic difficulties. The College Counselor can be reached at (603) 342-3058. Online/virtual counseling services are also available to WMCC students through BetterMynd. Information about the BetterMynd counseling platform can be found in the student online portal or by visiting [wmcc.edu](http://wmcc.edu).